# HLTAID009 PROVIDE CARDIOPULMONARY RESUSCITATIONS



## **Course Overview**

This unit describes the skills and knowledge required to perform cardiopulmonary resuscitation (CPR) in line with the Australian Resuscitation Council (ARC) Guidelines.

This unit applies to all workers who may be required to provide CPR, in a range of situations, including community and workplace settings.

Refer to: https://training.gov.au/Training/Details/HLTAID009

## **Course Topics**

- Australian Resuscitation Council Guidelines
- State/Territory regulations, first aid codes of practice and workplace procedures including:
  - Safe work practices to minimise risks and potential hazards
  - Infection control principles and procedures
- Legal, workplace and community considerations, including:
  - Duty of care requirements
  - Respectful behavior towards a casualty
  - Consent
- Perform Cardio Pulmonary Resuscitation following the ARC guidelines, including:
  - Performed at least 2 minutes of uninterrupted single rescuer cardiopulmonary resuscitation (CPR) on an adult resuscitation manikin placed on the floor
  - Performed at least 2 minutes of uninterrupted single rescuer cardiopulmonary resuscitation (CPR) on an infant resuscitation manikin placed on a firm surface
  - Manage an unconscious breathing casualty
  - o Followed the prompts of an automated external defibrillator (AED)

#### **Dress Code:**

No Skirts or Dresses Closed in Shoes

### **Duration:**

4 Hours

#### **Assessment Details:**

Multiple Choice and Practical Assessment

#### Fees:

Price on Request

#### **Course Outcome:**

Statement of Attainment Wallet Card on Request

RPL: N/A

## Who Should Attend?

This unit of competency can target a vast range of learners. Anyone who requires CPR knowledge in their workplace it can include professions such as teachers, childcare workers, industry workers, trades people, laborers, hospitality workers, office staff, age care workers or personal carer's.

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THE COMPLETE PACKAGE

